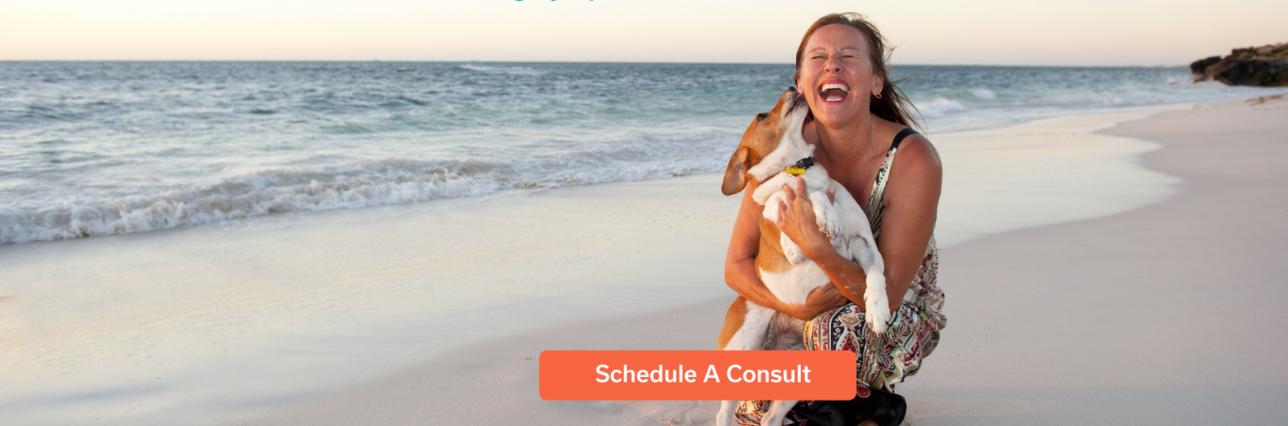




You. Better. Best.

Functional medicine for people who want to go beyond treating symptoms and transform their health.



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Dr. Pam Wilson. Functional Medicine Physician, New Jersey & Remote Appts



No matter how you feel, you have the power to change your reality.

I know it's possible because I've done it. And I've helped thousands of patients do it too.

You are NOT too far gone to enjoy healthy living again.

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When you're in pain, traditional medicine focuses on medicating symptoms, sending you on your way with a prescription that can mask underlying issues.

The result?

Temporary conditions can become chronic and acute. Pain returns and side effects can become more intense.

You deserve better than that.

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Symptoms are a great place to start, but not a great place to stop. In fact, your symptoms are our best key to helping you find your way back to health.

I'm Dr. Pam Wilson, functional medicine physician for 30 years, and I'm here to help.

I help my patients discover the underlying cause of their symptoms and give them a doable plan for resolving their root issues.

I can't wait for you to conquer your complex health issues so you can love waking up in your body.

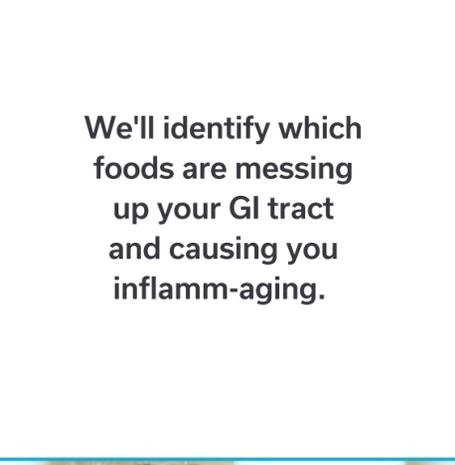
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Dr. Pam explains her NeuroCatalytic approach to patient care.



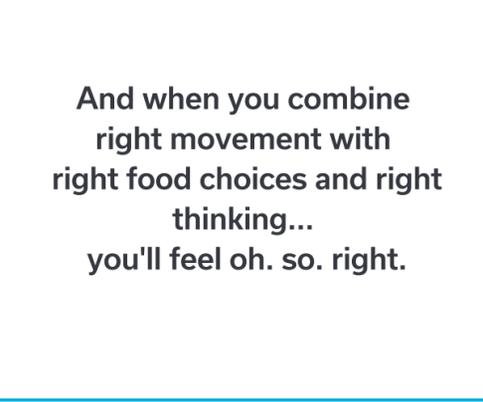
We'll get you moving again... bending, reaching, walking, swimming, gardening, biking, running...



We'll identify which foods are messing up your GI tract and causing you inflamm-aging.



We'll enlist the healing power of a positive mental attitude and your body's Mind+Heart+Gut connection to support your progress.



And when you combine right movement with right food choices and right thinking... you'll feel oh. so. right.



If you're wondering whether this approach will work for you and whether you can change the way you feel every day, I want you to know...

Yes, you can!

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3 Steps to Vibrant, Healthy Living

1. Assess



- No rushed 5-minute meetings
- Functional movement analysis
- Orthopedic evaluations
- Cellular micronutrient testing
- Cardio-metabolic testing
- Genetic testing
- Gait and rowing analyses

2. Address



- Compassionate, realistic discussion: what needs to change and why
- Customized plan you're excited about
- Movements and exercises that build strength and flexibility
- Food choice support and meal plans you can't wait to try
- Habit change support
- Positive mental attitude exercises
- Supplemented nutrition
- Building on incremental improvements and success

3. Success



- You enjoy a full range of motion again.
- Chronic discomfort disappears.
- You're off medications with nasty side effects.
- You wake up rested and energized.
- Your mind is sharp and focused.
- You accomplish things you never thought you would.
- You live independently.
- Your immune system is strong.
- You're at your ideal weight and love your body.
- You're happy and enjoying your life.

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Featured Practice Areas

Whole Body
Chiropractic



Sports Injuries



Movement Training



Chronic Illness
Without Diagnosis



Mental Decline



Cardio-metabolic



Food Plans



Body
Composition



DNA & Micronutrient
Testing



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Dr. Pam helped us regain our health

Chris Cole - Patient



Chris Cole
Patient



Debbie Cortale - Patient



Debbie Cortale
Patient



Eve Damien - Patient



Eve Damien
Patient



Lisa Scoutelas - Patient



Lisa Scoutelas
Patient



Jack Cavaliere - Patient



Jack Cavaliere
Patient



Daniel Hertz III, Owner, Seals Eastern, Inc.



Daniel Hertz III
Owner, Seals Eastern, Inc.



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What is waiting another day is costing you?

- Staying stuck wondering what's really wrong with you
- Unaddressed symptoms devolving into chronic acute illness
- Missing out on the fullness of life
- Getting worse while you keep guessing how to get better
- Losing your independence and needing fulltime care

[Schedule A Consult](#)

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