

العربية

Wonder & Wellness in Magical Morocco

May 4-10, 2019
with Jody Cross
LCSW, CETII, EAPI



EPONA RETREATS
ADVANCED WHOLE-HEARTED WELLNESS

● *This retreat is for you if* ●

Going tribal stirs something deep in you.

You love lush surroundings, luxury, and the fragrance of roses and rosemary.

You want to feel ocean winds in your hair and ride horseback down the beach.

You're ready to experience a multi-sensory, mind-blowing world of riotous color and exotic shopping.

You want to stay in an olive grove in Marrakech and spend time at the ocean in the same trip.

● **Riding camelback is oh-heck-yeah!** ●

Come solo or bring your spouse, family members or friends.



Destination: Marrakech, Morocco

Dates: May 4-10, 2019

Cost: \$3495 (Double Occupancy)

Deposit: \$750

Your Guide: Jody Cross, LCSW-R, CETII, EAPI, Global Facilitator of Advanced Wellness Modalities

Accommodations: Peacock Pavillion

Luxuriate in Tribal Chic

- Artisanal handmade boutique hotel
- Ancient olive groves
- 8.5 acre private estate
- Tiled private rooftop and dining terraces
- Outdoor pool
- Domed ceilings
- Award-winning Tribal Chic decor & shop
- Lush surroundings with roses and rosemary

Advanced Wellness & Immersive Modalities

Epona Retreats help you come fully alive through immersive, full-body experiences.

Under the expert care and guidance of Jody Cross, you'll go beyond the self you knew and say hello to a life (and a you) that exceeds your own imagining. Your exploration and expansion facilitated through:

- Attachment therapy with horses and camels
- EMDR
- Psychodrama
- Daily Yoga & Meditation
- Traditional Hamman spa treatment

Overnight Outing

Essaouira (The Blue City on the Atlantic coast)

We'll travel to the coastal town of Essaouira, Morocco's beach paradise. Here you can ride on the beach on a camel or horse, ocean wind in your hair, damp sand underfoot. You'll glamp in authentic Berber tents made luxurious with Berber rugs and hangings. We'll also enjoy a guided insider's tour of Essaouira and dinner in town (dinner not in trip cost).



What's Included?

- Airport Transportation+
- Villa accommodation (spacious bedrooms each with private bathrooms)
- Breakfast, lunches and dinners* at Peacock Pavilions ☪ in Marrakech
- Advanced Whole-Hearted Wellness daily immersive therapeutic practices
- Animal companionship time
- Daily meditation and yoga classes (mats/props provided)
- Use of full estate (terraces, pool, outdoor walking, gym)
- Transportation and insider guides to shopping in Marrakech and Essaouira
- Overnight trip to Essaouira and Berber tent beach glamping, (dinner not included)
- Open day to relax in your pavilion or further explore Marrakech (visit Majorelle gardens, return to the Medina and souks for more shopping or go horseback riding)
- Traditional Hammam spa treatment

+ Airfare to and from Morocco not included.

* Breakfast and lunch on your own during your open day.



Register Now

Get your full enrollment packet to find out which amazing villa you'll be sleeping in once you pay your \$750 deposit.



P.S. Space is limited to 12 participants. These 12 people will be wrapped in luxurious tribal chic and having a whole-hearted, life-expanding experience. Will one of them be you?